

FOR IMMEDIATE RELEASE
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got celiac?

MARGATE, N.J. - Atlantic Gastroenterology Associates will serve up an evening of special foods and important information about celiac disease Wed. Oct. 19 at Steve & Cookie's By the Bay, 9700 Amherst Ave. here.

The program is designed to raise awareness of the role a gluten-free lifestyle plays in controlling celiac disease, according to AGA founder Dr. Barry Kaufman, who also directs the Celiac Diagnostic Center at Atlantic Gastroenterology Associates.

The event, which runs from 5:30 to 7:30 p.m., will consist of a menu of unique and tasty gluten-free foods, a cooking demonstration, recipes, information about celiac disease and tips on how to achieve a gluten-free life.

"Many people think that because they've been diagnosed with celiac disease, it automatically means a lifelong diet of bland or a limited variety of foods," Kaufman says. "That's simply not the case. During this special evening, we'll serve delicious, gluten-free foods that don't sacrifice taste, demonstrate how to prepare some gluten-free dishes, and offer information that helps those with celiac live a life free of the symptoms of this hard-to-diagnose disease."

In addition to Kaufman, presenters include Steve & Cookie's chef Kevin Kelly, Pamela Shuman, who owns Pamela's Health and Harmony health food store in Margate and Suzanne Kometsky owner of Christine's Italian Pastry Shoppe in Northfield.

Kaufman will deliver a brief talk on celiac disease and then moderate a question and answer session between guests and the presenters.

got celiac? /2

Admission to the event is \$25 and benefits the Celiac Disease Foundation, which provides services and support for those suffering from celiac disease through programs of awareness, education, advocacy and research.

There is limited seating for the program. For reservations, call Steve and Cookies at (609) 823-1163. For more information about AGA, visit atlanticgastro.com.

The Celiac Diagnostic Center is dedicated to the diagnosis of celiac disease and gluten related disorders. It offers compassionate consideration of your symptoms and will determine if you have celiac disease using state-of-the-art diagnostic testing, particularly if you are uncertain of the veracity of prior diagnostic testing that may have been done by other physicians.

About Atlantic Gastroenterology Associates

Atlantic Gastroenterology Associates is the largest and most sophisticated gastrointestinal treatment center in the southern New Jersey region. Established in 1978, AGA is a leader in the field of digestive disease diagnosis and treatment and includes the Celiac Diagnostic Center, Crohn's and Colitis and Hepatitis Treatment Centers and AGA Clinical Research Associates.