



ATLANTIC GASTROENTEROLOGY ASSOCIATES, P.A.  
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**The Obalon Balloon System**  
**Now Available at Atlantic Gastroenterology Associates**  
**CALL FOR FREE CONSULTATION**  
**609.407.1220**

AGA is one of the first practices in the area to carry the Obalon Balloon System, the first and only swallowable FDA-approved balloon system for weight loss. The non-surgical treatment consists of three lightweight balloons placed gradually over three months that occupying space in a patient's stomach. Coupled with a nutrition and an exercise program, patients eat less which facilitates weight loss. The Obalon Balloon System is a 6-month treatment.

In a large clinical study, the Obalon Balloon System was shown to help adults experience clinically meaningful weight loss. Patients lost twice as much weight as diet and exercise alone. Six months after the balloons were removed, 89 percent of the weight lost was kept off when combined with diet and exercise.

Placement of the Obalon Balloon System typically takes less than 10 minutes and does not require sedation. In our office, patients swallow a capsule containing a small balloon and then the balloon is inflated. In the clinical study after placement, most patients returned to normal activities with no downtime.

Three lightweight, buoyant balloons are placed gradually over 3 months to maximize patient tolerability and facilitate progressive weight loss throughout the 6-month treatment period. At the end of the 6-month treatment period all three balloons are removed by an approximately 15-minute, outpatient endoscopic

procedure that is performed under light, conscious sedation.

The Obalon Balloon System is not for everyone so please call 609.407.1220 to arrange an appointment for a free consultation.

In the clinical trial the majority of adverse events were reported as mild and consisted of abdominal pain and nausea that typically resolved within two weeks. Serious side effects were less than 0.3%. This information and a complete list of contraindications, warnings and precautions can be found at [www.obalon.com/safety-information](http://www.obalon.com/safety-information).